Cell Phone Contract

I know that having a cell phone to use is a privilege. I understand that my parents love me and want to keep me safe. My parents respect that I am becoming a <u>young adult</u> and want the privilege of having the use of a cell phone. With that in mind, I agree that:

- 1. My cell phone must be turned off by my bedtime and placed in an agreed upon location downstairs. It is my responsibility to be sure the cell phone is being charged when necessary.
- 2. During family meals, my cell phone will be turned off or silenced and in my pocket or placed away from the table. I will not check texts or take calls during meal time.
- 3. I will practice proper etiquette when using my cell phone in public places, and be conscious of how my usage affects those around me. My phone will be turned off or silenced when I am in church, restaurants, or other quiet settings, and I will not place or take texts or calls during those times.
- 4. I understand that having a cell phone is a means of communication, and is not a replacement for actual face to face interaction with my friends and family members. Therefore, when I am with others, I will make the people I am with my priority.
- 5. I am responsible for knowing where my cell phone is and for keeping it in good working condition.
- 6. I will obey all rules my school has regarding cell phone usage on school grounds.
- 7. I will never text while driving, and will not ride in a car with someone who does.
- 8. I will not use my cell phone to take pictures or video of nudity, violence or other unlawful activity.
- 9. I will not use my cell phone for malicious purposes, i.e. bullying, spreading rumors/gossip, etc, nor will I send or forward text messages, pictures, or videos that are vulgar, obscene, violent, or sexual in nature. I understand that such things are both highly inappropriate and potentially illegal.
- 10. I am responsible for ensuring that my internet usage and that the content and apps on my phone comply with the standards of appropriateness set forth by my parents. In addition, I will request permission before downloading any communication or social media related apps.
- 11. I will alert my parents if I receive suspicious or alarming phone calls or text messages.
- 12. I will alert my parents if I am being harassed by someone via my cell phone.

Foster Teodoro, Rachel. "<u>Updated Teenage Cell Phone Contract to Include Smartphone Usage</u>." Holy Craft. N.p., 16 Sept. 2014. Web.

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- 13. I understand that my parents can go through the contents of my phone at any time, with or without my knowledge. I agree to surrender my cell phone immediately to my parents if asked. I will not delete my texting history without permission, and I will fully cooperate in showing my parents the contents of my cell phone, including contacts, pictures, videos, text messages, etc, stored within.
- 14. I will always respond to my mom or dad's texts/calls as soon as possible in the given situation.
- 15. I understand that I do not have unlimited calling and that each call over the limit is charged by the minute. I am accountable for my call usage, and am responsible for any overage fees.
- 16. I understand that I am required to manage my time in such a way that my phone usage doesn't interfere with my responsibilities, and that my phone may be taken away for failing to complete school assignments or not maintaining a sufficient grade point average, as defined by my parents.
- 17. I understand that my cell phone may be taken away for disrespectful or disobedient behavior, including (but not limited to) back talking, inappropriate sibling interactions (i.e. fighting, hitting, name calling, etc.), and failure to complete responsibilities at home when asked or required.
- 18. I understand that failure to follow and respect any of these rules can result in the loss of my cell phone for any length of time determined by my parents.

Child's Name:	Child's Signature:	
Parent's Signature:	Date:	